

GETTING OLDER IS HARD WORK.
FINDING CARE SHOULDN'T BE.

A COMPARISON OF COMMUNITY
RESOURCES:

Home Care Vs. Nursing Home



What does a home care professional help with?

1. **Companionship!**
2. **Incidental Activities of Daily Living:**
 - Escorting to medical appointments
 - Running errands (grocery shopping, picking up Rx)
 - House keeping (laundry, dishes, vacuuming, sweeping, dusting)
3. **Personal Care Activities of Daily Living**
 - Toileting
 - Dressing
 - Bathing
 - Meal Preparation
 - Feeding
 - Grooming
 - Medication Reminders



Why Do Individuals Choose Home Care?

- Ability to age comfortably (privately) at home.
- Individuals are empowered to thrive within their homes & communities.
- Routine clinical assessments from RN's.
- For Traditional Home Care, CHHA services & Private Pay Home Care, agency accepts responsibility of providing trained, certified paraprofessionals.



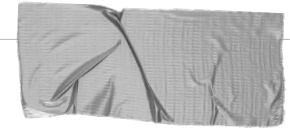
How to find the right Home Care Agency for your unique needs:

1. **Over 800+ agencies to choose from- do your research!**
Speak to industry professionals and review agency's online platforms (website, Google rating, LinkedIn, Facebook)
2. **Ensure agency is licensed by New York State Department of Health & does not pressure you to choose a certain form of homecare.**
3. **Make sure agency has proven themselves as responsive, reliable & knowledgeable.**



What are your Home Care Options?

- **Traditional Home Care-** this option is great for those who are Medicaid approved! The agency is responsible for hiring, training, paying and coordinating the caregivers' schedules.
- **Consumer Directed Model of Home Care (CDPAP)-** this option is great for those who are Medicaid approved and who are willing to accept the responsibility of hiring, training & coordinating the caregivers' schedules.
- **CHHA services-** this option is wonderful for those who are Medicare approved and who need short term skilled nursing care.
- **Self Pay Home Care-** this option is perfect for those who are not Medicaid approved. Personal Touch offers affordable rates for home care services throughout Long Island, the boroughs & Westchester county!



Recommendation:

Be sure the agency you choose is familiar with all options of home care & does not pressure you to choose a specific model.

Call me to discuss which option is best for you- **631-406-3590**



How to identify which modality of health care an individual will thrive best with:

Home Care May Not Be the Best Fit If...

- The Individual has skilled nursing needs.
- The environment is not fit for home care services. (Hoarders, utilities, required equipment in the home, safety risk?)
- The individual is combative or an elopement risk- can they safely receive care within the home?
- There is no aide availability. In less densely populated areas with limited transportation, could prove difficult- however, there are still (2) options with Personal-Touch Home Care IF an individual still wishes to receive home care services.
- There is no family back-up in place. To receive home care services, there must be family to accept responsibility of the individual in the case of an emergency.
- Approved home care hours do not cover what an individual/family deems necessary for the individual to live safely at home.

Contact us:

Megan Shergill, *Director of Business Development:*

631-406-3590

mshergill@pthomecare.com

LinkedIn:



(search) Personal Touch Home Care

Facebook:



@personaltouchhomecareinc

www.pthomecare.com

