

## CARE CONNECTIONS

[caregiver@northwell.edu](mailto:caregiver@northwell.edu)

914-366-1199



### Westchester Services

#### Westchester County Government

<https://www.westchestergov.com/seniors>

Tel: 914-813-6300

#### HITE - Health and Social Service Resources

<https://hitesite.org>

Tel: 1-866-370-4483

#### Senior Law Day Collaborative

<https://www.seniorlawday.info>

#### Westchester Library

<https://seniors.westchesterlibraries.org>

Tel: 914-231-3260

#### Veteran Local Contact Number

Tel: 914-813-5145

### Government Agencies

#### National Institutes of Health Clinical Center

<http://clinicalcenter.nih.gov/wecare>

Tel: 301-496-4000

#### USA.gov Caregivers' Resources

<https://search.usa.gov> (Put in search bar - Caregiver Resources)

#### VA Caregiver Support

<http://www.caregiver.va.gov> 855-260-3274: Caregiver Support/877-222-8387: Mental Health

#### Medicare Rights Center

<https://www.medicarerights.org>

Tel: 800-333-4114

#### Health Insurance Information, Counseling & Assistance (for HIICAP and SHIP Program)

<https://aging.ny.gov>

Tel: 800-701-0501

#### Veterans Resources – must be enrolled to access services

[www.va.gov](http://www.va.gov)



## General Caregiving Resources

### National Alliance for Caregiving

[www.caregiving.org](http://www.caregiving.org)

Tel: 201-918-1013

### AARP Caregiving

[www.aarp.org/home-family/caregiving](http://www.aarp.org/home-family/caregiving)

### Caregiver Action Network

<https://caregiveraction.org>

Tel: 855-227-3640

### Next Step in Care

[www.nextstepincare.org](http://www.nextstepincare.org)

### Geriatric Case Managers

[www.aginglifecare.org](http://www.aginglifecare.org)

Tel: 520-881-8008

## Alzheimer's and Dementia

### Alzheimer's Association

<http://www.alz.org/care>

Tel: 800-272-3900 (24/7 helpline)

### The Alzheimer's Foundation of America

<https://alzfdn.org>

Tel: 866-232-8484 (National Toll-free Helpline)

### Caring Kind

<https://www.caringkindnyc.org>

Tel: 646-744-2900

### The Alzheimer's Store

<https://www.alzstore.com>

Tel: 1-800-752-3238



## Disease Specific Resources

### **ALS Association**

[www.alsa.org](http://www.alsa.org)

Tel: 800-782-4747

### **Brain Injury Association of America**

<https://www.biausa.org>

### **Brain Tumor Association, American**

<https://www.abta.org/?s=caregivers>

### **CancerCare**

[www.cancercare.org/tagged/caregiving](http://www.cancercare.org/tagged/caregiving)

Tel: 800-813-HOPE (4673)

### **Cancer, Gilda's Club**

<https://gildasclubwestchester.org>

Tel: 914-644-8844

### **Cancer Society, American**

[www.cancer.org/treatment/caregivers/index](http://www.cancer.org/treatment/caregivers/index)

Tel: 800-227-2345

### **Cancer Support Team**

<https://cancersupportteam.org>

Tel: 914-777-2777

### **Diabetes Association, American**

[www.diabetes.org](http://www.diabetes.org)

Tel: 800-342-2383

### **Diabetes and Digestive and Kidney Diseases, National institute of**

[www.niddk.nih.gov](http://www.niddk.nih.gov)

Tel: 1-800-860-8747

### **Heart Association, American**

[www.heart.org](http://www.heart.org)

Tel: 1-800-242-8721

### **Heart, Lung and Blood Institute, National**

<https://www.nhlbi.nih.gov>

Tel: 1-877-645-2448

### **Leukemia & Lymphoma Society**

<http://www.lls.org/#/diseaseinformation/forcaregivers>

Tel: 1-800-955-4572

### **Mental Illness, National Alliance**

[www.nami.org](http://www.nami.org) Tel: 703-524-7600 / Helpline: 800-950-NAMI or in a crisis text 'NAMI' to 741741

### **Michael J. Fox Foundation for Parkinson's Research**

[www.michaeljfox.org](http://www.michaeljfox.org)

Tel: 1-212-509-0995

### **National Multiple Sclerosis Society's Guide for Caregivers**

<http://www.nationalmssociety.org/nationalmssociety/media/msnationalfiles/brochures/brochure-a-guide-for-caregivers.pdf>

*Continued*



**National Parkinson’s Foundation**

[www.parkinson.org](http://www.parkinson.org)

Helpline: 1-800-473-4636

**Parkinson Disease Association, American**

[www.apdaparkinson.org](http://www.apdaparkinson.org)

Tel: 800-223-2732

**Psychological Association, American**

[www.apa.org](http://www.apa.org)

Tel: 800-374-2721 or 202 336 5500

**Stroke Association, American**

[www.strokeassociation.org](http://www.strokeassociation.org)

Tel: 1-800-242-8721

**Visions Services for the Blind and Visually Impaired**

[Visionsvcb.org](http://Visionsvcb.org)

Tel: 212-625-1616

**Vision, Low**

[www.lighthouseguild.org](http://www.lighthouseguild.org)

Tel: 800-284-4422

<https://lighthouse-sf.org>

Tel: 415-431-1481

## **Coordinating Help From Friends & Family for Support & Communication**

**Lotsa Helping Hands**

[www.lotsahelpinghands.com](http://www.lotsahelpinghands.com)

**Meal Train**

[www.mealtrain.com](http://www.mealtrain.com)

**Caring Bridge**

[www.caringbridge.com](http://www.caringbridge.com)