

Waiver Programs + CDPAP Services

How New Yorkers can utilize both support services to obtain the highest level of care within their own homes

- Who is eligible to enroll into NHTD/TBI Waiver Program Services
- How to enroll into either Waiver Program
- How to manage these services on an ongoing basis & how CDPAP services compliment these Waiver Programs



- **Megan Shergill, VP of CDPAP Services**
megans@communitycarehhs.com
- **Stephanie Williams, Director of Waiver Services**
stephaniew@communitycarehhs.com

Originated in the 1990's

The 1915c Medicaid waivers are designed to provide services to a specific target population and there are two distinct waivers:

Individuals between the age of 18–64 upon application that require nursing home level of care due to their traumatic brain injury (TBI) and

Individuals between the age of 18–64 upon application that have a physical disability or who are 65 or older and require nursing home level of care (NHTD).

Both waivers are managed locally through the same Regional Resource Development Centers but with different staff.

Both waivers serve individuals residing in the community (diversions) or individuals residing in nursing homes that are seeking to move back to the community (transitions).

Participants must be eligible for Community Based home care services through Medicaid.

If under 65- Award Letters of Determination:

1. Supplemental Security Income (SSI)
2. Social Security Disability Insurance (SSDI)
3. Railroad Retirement Letter for total permanent disability of SSI benefits.

Origin:

Nursing Home Transition & Diversion

Traumatic Brain Injury

Waiver Programs

Benefits through the Waiver Programs

- ILST (Independent Living Skills Trainer)
- CIC (Community Integration Counselor)
- PBIS (Positive Behavior Intervention Supports)
- Assistive Technology Support
- Environmental Modifications
- Service Coordination
- Day Program (structured programs)
- Respite Services
- Substance Abuse Programs
- Housing Subsidy

Community Care Home Health Services Provides Assistance with:

- Service Coordination
- Home & Community Support Services

Payer Source

- Straight Medicaid-Community Coverage with Community Based Long Term Care. local dept of social services- code 60, 81

Process to get Started

- Outreach to your local regional office, express that you're interested in applying for the NHTD/TBI Waiver Program.
- Regional Office will complete intake & once they confirm your eligibility, they'll ask you to choose a provider for Service Coordination services.
- The Service Coordination Services provider will create a ISP (Individualized Service Plan).

For guidance on how to begin the process,
please contact
Stephanie: stephaniew@communitycarehhs.com

Who May Not be Eligible for Waiver Program Services

- An individual who does not meet the nursing home level of care.
- An individual scoring below a 5 on PLOF.
- An individual who has a primary diagnosis of a mental disorder.
- An individual who requires a two-person transfer.

Additional Support & Empowerment through CDPAP

- Originated in New York State in the 1970's.
- Consumer Directed Home Care models of home care have flourished throughout the country, but this model of home care is under-utilized specifically in NYS due to lack of awareness.
- Serves four distinct communities: *Geriatric, Pediatric, Physically Disabled, Special Needs*
- Alternative solution to keeping individuals safely within their homes, rather than traditional home care (PCA/HHA) or going to Nursing Homes, Assisted Living Facilities.

Definitions:

- Consumer: Client
- Designated Representative: Person who accepts ownership of CDPAP responsibilities if Consumer is not alert/self-directing.
- Personal Assistant (PA): Caregiver
- Fiscal Intermediary (FI): Term used for agency. CCHHS is a FI. By definition, that means that we are responsible for processing payroll for the PA's.

Benefits of CDPAP?

- Consumer exercise greater independence & autonomy- Consumer is responsible for screening, interviewing, hiring caregivers. They can hire caregivers that they know, love & trust. They can have their own requirements and screening processes. Caregivers don't need to be certified.
- Consumer feels empowered.
- Scope of practice includes some skilled nursing tasks: medication administration, wound care, tracheotomy care, feeding tube care, ostomy care.
- Ability for Consumer to adjust schedule each week to fit their unique needs. [Weekly Bank of Hours].
- Parents can be PA's for their adult children (must be at least 21 years old).

Major Differences Between Traditional Home Care & CDPAP Services:

- Consumer is responsible for hiring, training, supervising, coordinating schedule of PA's. There are no scheduling coordinators.
- FI is responsible for assisting to enroll Consumers + PA's into the program and for processing PA's payroll.
- POC is developed by the MLTC/LDSS/MCO.
- MLTC/LDSS/MCO authorizes weekly bank of hours for the Consumer, rather than a set schedule.
- Wider scope of practice- includes Activities of Daily Living & some skilled nursing tasks like wound care, medication administration, ostomy care, tracheotomy care, feeding tube care.

Who is right for CDPAP?

- An individual/family wants more independence and autonomy regarding directing their home care services.
- An individual/family who wants the ability to train the caregivers to their standards without the input of a nurse from an agency.
- An individual/family who wishes to have a family member/friend/neighbor work as the caregiver. Once a child is 21 years old, the parent can be the individual's caregiver.
- An individual living in a rural area, where it is difficult to staff with certified caregivers.
- An individual/family who wants their caregiver to administer medication (eye drops, insulin injection, etc.), provide wound care, tracheostomy care, care for a feeding tube, or other skilled nursing tasks.
- An individual/family who wants to adjust their schedule week to week (flex schedule) within the hours that they are authorized for.

FAQ's

1. What training/certifications do the Personal Assistants (PA) need?

None! Assuming the PA's have all the medical items we need for enrollment, they can typically be enrolled within one week, and all enrollment can be done online.

2. Who is allowed to be a Personal Assistant (PA)?

Anyone the Consumer chooses with two exceptions: the Designated Representative (if the Consumer is not self-directing) and the Consumer's legal spouse. Other than that, Consumers can choose any friend or family member to provide services as long as they are over the age of 18 and eligible for employment in the United States.

3. Who manages the work of the Personal Assistant (PA)?

The Consumer. As the Fiscal Intermediary, Community Care processes the enrollment of the Consumer and PA's, and processes the PA's payroll needs. Essentially, the Consumer is 'the boss' and Community Care is in charge of ensuring the PA's get paid accurately and timely.

4. Who develops the Plan of Care and determines the Consumer's authorized hours?

The local department of social services or managed long term care plan/mco assesses the Consumer, determines the approved weekly hours, and develops the Consumer's POC.

5. What are the benefits for Personal Assistants?

Benefits will vary depending on which FI you choose. Community Care knows that a happy Personal Assistant results in a happy Consumer- so we prioritize ensuring that the Consumer's Personal Assistants receive competitive wages, are paid accurately and timely, receive PTO, and receive discounts through our Employee Perks Program!

For Questions & Enrollment Assistance:

Please contact us:

Megan Shergill, VP of CDPAP Services

888-401-4539

CDPAP@communitycarehhs.com

Stephanie Williams, Director of Waiver Services

516-913-7067

StephanieW@communitycarehhs.com