

Music and Memory at the Library: Free Resources for Navigating Memory Loss

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westchester
LIBRARY SYSTEM

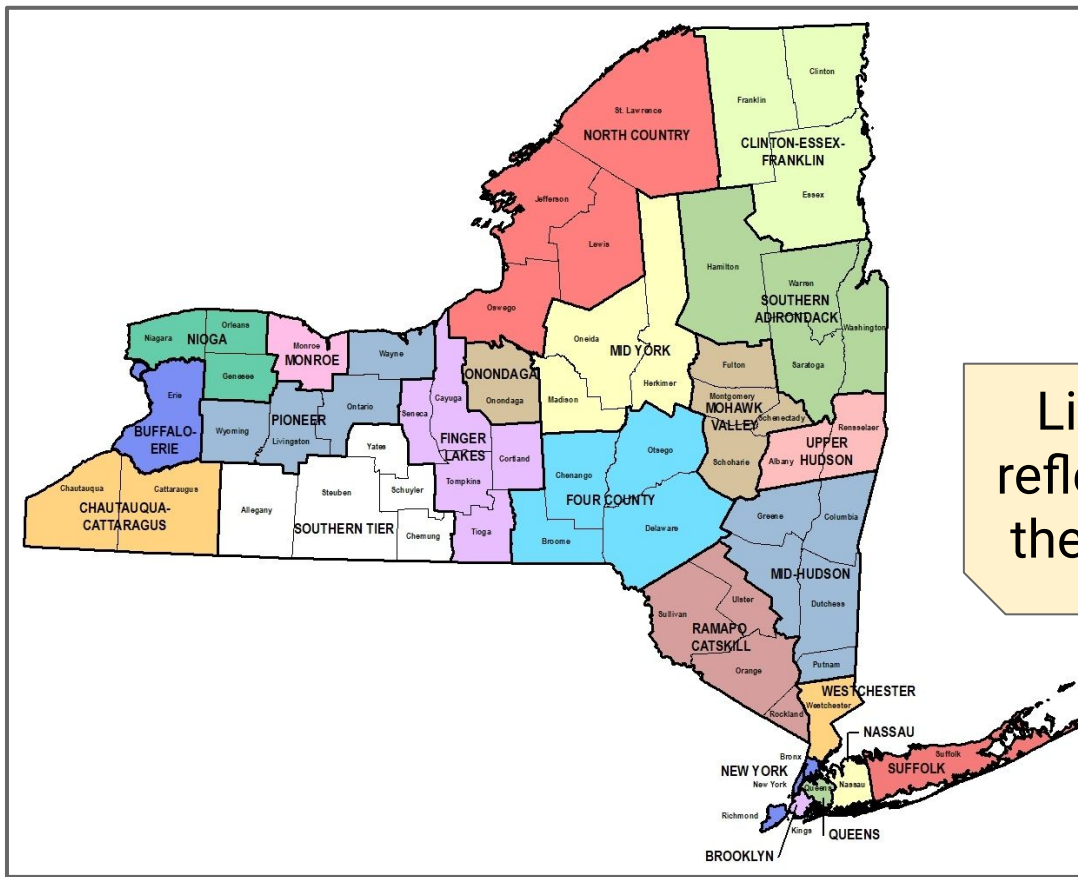
Empowering libraries. Empowering communities.

Goals for today's webinar

1. Learn how music can help us connect with loved ones experiencing dementia, alzheimers, or other memory loss
2. Reacquaint ourselves with library resources
3. Discover how the library can support you on your own “Music and Memory” journey

What is the Westchester Library System?

[westchesterlibraries.org](https://www.westchesterlibraries.org)

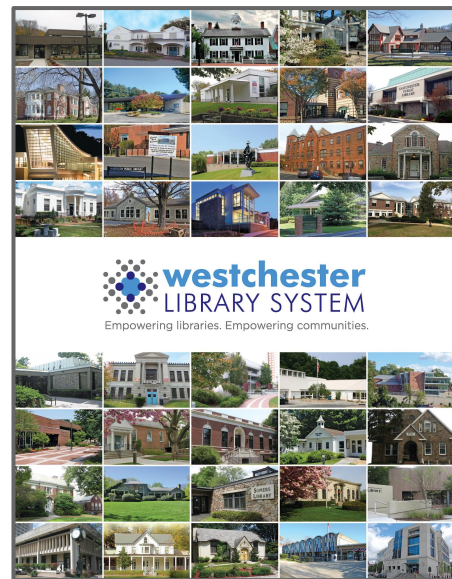


Libraries should
reflect the needs of
their communities

NY State Library Systems

Westchester's Libraries are a Cooperative System

- Individual member libraries
- Varied funding, steering
- Different sizes, shapes, services



WLS Services



- Interlibrary deliveries
 - Interlibrary loans
- Network and IT support
 - Cataloging
 - Program development
- Outreach
- Professional development
- Purchasing power!

Got library cards?



- Form of ID
- Live, work, school, or own property
- Use at any county library
 - Fines and loan time decided by pickup site
- Renew every 3 years

WLS Senior Services

seniors.westchesterlibraries.org

CHAT WITH WESTCHESTER LIBRARY SYSTEM AT OUR MONTHLY DIGITAL OPEN HOUSE!

Second Tuesday of every month through 2022



Want to learn how to download/stream content –
from comics and ebooks, to movies and music?

Curious about our many tools you can use now to
build skills and enhance your resume or test scores?

REGISTER HERE:
firstfind.org/registerdigital/



Monthly Digital Open House

The libraries can't do it alone, and you shouldn't have to. Here are a few groups who can provide much-needed support, education, and social connections.



visionsvcb.org
888-245-8333
info@visionsvcb.org

VISIONS serves all of New York south of Poughkeepsie, as well as neighboring parts of New Jersey. They provide individualized training and assistance plans for people who are blind or visually impaired, regardless of age. Their services include anything from tech training to socialization to support for caregivers.



wdom.org
914-968-4717
info@wdom.org

WDOMI supports people with disabilities and their families any way they can. They can help you learn about benefits that might apply to your situation and they can also help you connect with training and other support resources.



wcbny.org
914-355-9930
president@wcbny.org

The Council is a group of locals who come together to provide a network of advocacy and support for people living with visual impairment. Aside from their volunteer work, they represent an opportunity to connect with others who have similar lived experiences.



seniors.westchesterlibraries.org
outreach@wlsmail.org
914-231-3237



*This brochure paid for in part
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Westchester Library System

VISIONLABS

READING FOR A LIFETIME

People with vision
loss can stay active,
engaged, and
connected!



seniors.westchesterlibraries.org

VisionLabs

Music and Memory at the Library

seniors.westchesterlibraries.org/music-and-memory

Our inspiration: musicandmemory.org



“MUSIC & MEMORY® is a non-profit organization that helps individuals with a wide range of cognitive and physical conditions to engage with the world, ease pain, and reclaim their humanity through the use of personalized music.

By providing access and education, and by creating a network of Music & Memory certified organizations, our goal is to make the therapeutic use of personalized music a standard of care throughout the health care industry.”



Excerpt from *Alive Inside: A Story of Music and Memory* ([full documentary link](#))

The Power of Music

How does the WLS program operate?

- Find free music with your library card
- Build and manage a personalized music playlist
- Load your music playlist onto a portable music player
- **Borrow a music player** and headphones with your library card

iPod Shuffle or other Portable MP3 player



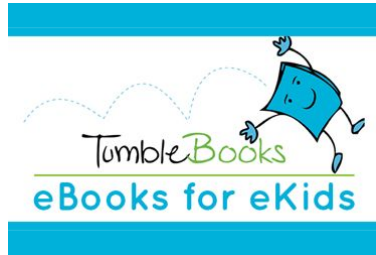
Over-the-ear headphones



Recommended Devices (available for loan!)



CD's available through your library



All online at westchesterlibraries.org!

What should you expect if you contact WLS?

1. Initial conversation to understand your needs
2. Remote or in-person support at your local library
3. 6 month device loan if needed
4. Continued support

Don't Forget to
Visit Your Library's
Website!

[Click here to find your local library](#)

Questions? Need Help?

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