Home Care vs S.N.F.



What is an SNF?

A "Skilled Nursing Facility"

- Sub-Acute Rehab, Skilled Nursing Facility, Nursing Home, Short-Term Care Facility,
 Skilled-Rehab Facility, etc
- This is a term usually used by professionals in the industry to differentiate from an Acute-Rehab to a Sub-Acute Rehab. Long story short, a nursing home.
- Acute rehabs usually only last 20 days because of Medicare
- Can mean short or long-term stay



Why an SNF?

Some people need a higher acuity of care than what a Home Care agency can usually offer.

Some Dementia Diagnosis' can cause a need for a SNF, due to 24 hour-care that's needed.

In-patient rehab offers a more variety of therapies that what home care rehab can

(ex: 7 days a week, gymnasium, Standing tables, parallel bars, practice stairs, No supervision, PT/ST/OT, Medical standby)

Family unsure able to achieve PLOF

Long-term 24-hour care is usually always covered by Medicaid

Home Care Aide-availability, No Support in the community



Why NOT an SNF?

- The resident finished their rehab and has gotten better
- They finished their IV-Abx therapy
- Total-Knee replacements
- Patient Understanding Limitations
- The resident can ambulate 100 ft or more without assistance
- Certain combative behaviors toward staff or other residents
- Patient on a 1:1



Getting started towards an SNF?

Many different avenues to get into a SNF

- If at home, the individual will need a PRI to be completed by a special nurse
- An order from the individual's doctor
- A complete financial background check for Medicaid

The easiest way, ("The Straight-to-Go Way")

- Admit the individual to the hospital
- The Hospital does everything from start-to-finish



ADAPTATIONS DURING THE COVID-ERA

Accessible 7 days a week

Full-Ventilator facility w/24 hour respiratory care

All staff is swabbed twice a week for COVID

Every resident can receive the Pfizer-Vaccine within 2 weeks of admission

Currently allowing in-person visitation!

Different guidelines for visitation if the resident, or family member visiting, has not been vaccinated



CONTACT ME, HERE TO HELP.

Keith Singh

516-581-1339

GETTING OLDER IS HARD WORK. FINDING CARE SHOULDN'T BE.

A COMPARISON OF COMMUNITY RESOURCES:

Home Care Vs. Nursing Home



What does a home care professional help with?

- 1. Companionship!
- 2. Incidental Activities of Daily Living:
- Escorting to medical appointments
- Running errands (grocery shopping, picking up Rx)
- House keeping (laundry, dishes, vacuuming, sweeping, dusting)
- 3. Personal Care Activities of Daily Living
- Toileting
- Dressing
- Bathing
- Meal Preparation
- Feeding
- Grooming
- Medication Reminders



Why Do Individuals Choose Home Care?

- Ability to age comfortably (privately) at home.
- Individuals are empowered to thrive within their homes & communities.
- Routine clinical assessments from RN's.
- For Traditional Home Care, CHHA services & Private Pay Home Care, agency accepts responsibility of providing trained, certified paraprofessionals.



How to find the right Home Care Agency for your unique needs:

- 1. Over 800+ agencies to choose from- do your research!

 Speak to industry professionals and review agency's online platforms (website, Google rating, Linkedin, Facebook)
- 2. Ensure agency is licensed by New York State Department of Health & does not pressure you to choose a certain form of homecare.
- 3. Make sure agency has proven themselves as responsive, reliable & knowledgeable.



What are your Home Care Options?

- Traditional Home Care- this option is great for those who are Medicaid approved! The agency is responsible for hiring, training, paying and coordinating the caregivers' schedules.
- Consumer Directed Model of Home Care (CDPAP)- this option is great for those who are Medicaid approved and who are willing to accept the responsibility of hiring, training & coordinating the caregivers' schedules.
- CHHA services- this option is wonderful for those who are Medicare approved and who need short term skilled nursing care.
- Self Pay Home Care- this option is perfect for those who are not Medicaid approved. Personal Touch offers affordable rates for home care services throughout Long Island, the boroughs & Westchester county!



Recommendation:

Be sure the agency you choose is familiar with all options of home care & does not pressure you to choose a specific model.

Call me to discuss which option is best for you- 631-406-3590



How to identify which modality of health care an individual will thrive best with:

Home Care May Not Be the Best Fit If...

- The Individual has skilled nursing needs.
- The environment is not fit for home care services. (Hoarders, utilities, required equipment in the home, safety risk?)
- The individual is combative or an elopement risk- can they safely receive care within the home?
- There is no aide availability. In less densely populated areas with limited transportation, could prove difficult- however, there are still (2) options with Personal-Touch Home Care IF an individual still wishes to receive home care services.
- There is no family back-up in place. To receive home care services, there must be family to accept responsibility of the individual in the case of an emergency.
- Approved home care hours do not cover what an individual/family deems necessary for the individual to live safely at home.

Contact us:

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